



GEAR UP Monthly Minute

News & information about planning after high school

December 2019 Edition

EVENTS & ANNOUNCEMENTS



ACT MasteryPrep

ENTER TO WIN A
\$500
scholarship to put towards a college education!

MasteryPrep's mission is to assist every student in the nation achieve a college readiness score on the ACT®. We are proud to announce that we are giving away a scholarship to go towards future college tuition for those North Carolina students being served by Appalachian State University's GEAR UP program.

Entering is easy! Students who complete all **ACT Mastery Online** modules by January 31, 2020 or May 31, 2020 will be entered to win a \$500 scholarship. Two lucky winners will be drawn!

Login at masteryprep.acrobatiq.com

User:

 Password:

MasteryPrep will verify the list of students who complete 100% of the **ACT Mastery Online** modules and draw two names at random. Scholarship funds will be awarded directly to the student's high school after each semester. School administration will award the scholarship funds to the winning students/parents.

For more information, please contact your principal or GEAR UP coordinator.



COLLEGE *Dream It. Plan It. Do It.*



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<https://masteryprep.com/ACT-mastery/>

Questions? Ask Us!

Do you have questions about financial aid, college admissions, graduation requirements, or anything else related to your student's postsecondary success? Ask us using the link below.



CLICK HERE



4 TIPS TO HELP YOUR STUDENTS GET ORGANIZED

Time management, organization and the ability to sit down and concentrate will help your student in high school, college and beyond. Help your student succeed with a few tips:

1. Embrace to-do lists: Encourage your student to create a to-do list each day and tackle the hardest or least enjoyable activity first. Consider a small reward or incentive if a student completes everything on the list.
2. Use calendars: Help your student create a calendar system that works for them - it may be a digital option or a paper version. Use it to track assignments and activities.
3. Establish a homework routine: Where and when does your student work best? It may be at school, the library or at home; it may be in the morning or at night. Create a quiet, well-lit area in your house for studying and homework.
4. Manage files: Help your student create a file for important documents including awards and honors. This will be helpful when applying to colleges and scholarships.

FAMILY CHECKLIST

Encourage your student to talk to college students home on vacation. This is a great way to get a first-hand look at what to expect in the first-year of college. You can also ask questions of their parents.



COLLEGE MYTHS & REALITIES

MYTH: Students are completely on their own once they are in college.

REALITY: Students will need to be responsible for their own time, including attending class, doing homework and getting enough sleep. However, there are many people and offices on campus dedicated to helping students succeed including advisors, counseling centers, tutors and more. Many colleges offer classes to help students learn better study and organization skills as they transition to a college environment.

EXTRA CREDIT

Colleges in the University System of Georgia will soon offer a new credential similar to an associate degree, featuring a flexible curriculum and specific workforce skills. Click to learn more!



DID YOU KNOW?



In a survey of first-year college students, 47% struggled with effective time management.

Source: HERI UCLA, 2016

COLLEGE

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The Appalachian State GEAR UP program offers you 24/7 tutoring assistance in math, science, social studies, English, writing and more! You can also upload a paper, and within 24 hours, receive a critique of your paper with suggestions on how to improve it!

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